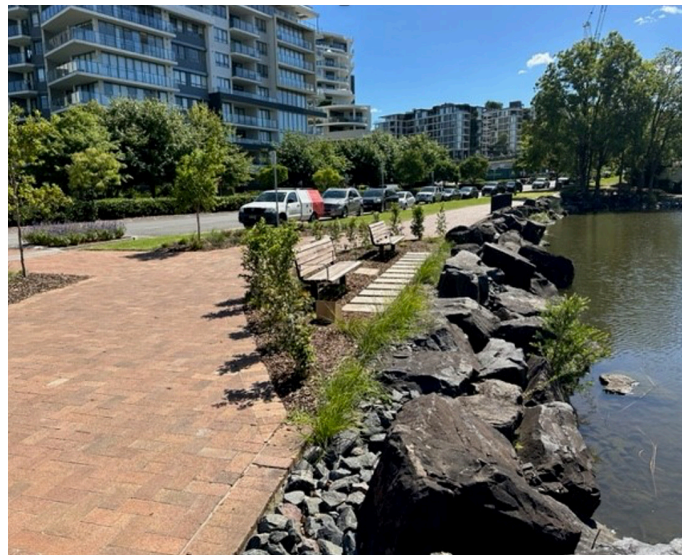




Tuula's legacy of community building

Tuula Schaeffer was a passionate community organiser who had a profound impact on the residents of Norwest. Her legacy of community building lives on since her passing, and to honour her memory Mulpha has built a beautiful memorial garden overlooking Norwest Lake.

Featuring colourful planting, stepping stones engraved with her favourite quote, and a plaque in her name, it serves as a reminder of the importance of coming together to connect and make a difference in the world. Residents and visitors can gather there to relax, read, catch up and reflect in a peaceful setting in the heart of Norwest where Tuula gave so much of her time to others.



Our community garden

Norwest Quarter Community Garden is constantly taking steps towards a more sustainable future. Along with organic herbs, veggies, citrus and worm farms, we now welcome our latest addition. Introducing *Tetragonula carbonaria*, better known as Australian native stingless bees. Unlike the European honeybees they don't produce honey on a large scale or sting. We're adding them to our garden for their pollination services and to maintain biodiversity.

Did you know that the Norwest Quarter Community Garden has more than just veggie patches? Our lush lawn area, kids play and community shed make this the perfect place to hold celebrations, stretch your legs, take your furry friends for a walk and just connect with nature. You can book this space for your next private event, so contact Jan Shinde, Community Engagement & Partnerships Executive (jan.shinde@mulpha.com.au) at Mulpha for more information.





Welcome!

Pictured: Live Life Get Active Free Outdoor Fitness

Become a member!

Being part of a supportive community is the perfect antidote to hectic family lives, online isolation and social distancing. Feel welcome and a profound sense of belonging by being part of the Norwest Community Association.

Take advantage of exclusive discounts at local businesses. Come along to plenty of member-only events and social gatherings. Join one of the many hobby groups, from gardening to book clubs.

For more details on benefits or become a member visit

 norwestcommunity.com.au

Stay Connected

 @norwestcommunity

 @norwestcommunity

Add yourself to the mailing list, email president@norwestcommunity.com.au



Regular groups at Norwest

Community Garden Club

3rd Friday of the month
9:30am - 11:30am

Norwest Quarter Community Garden, 40 Solent Circuit, Norwest up the hill from the Norwest Quarter construction site. Access is off Spurway Drive. New members are welcome, please contact Jenny at jenny.degroen91@gmail.com.

Coffee Club

2nd Friday of the month
10.00am - 11.00am

Brew & Bite Café, Norwest Marketown.

Women's Book Club

2nd Wednesday of each month
11.00am - 12.00pm

Club House @ Esplanade
New members are welcome, please contact Sue at suedowd54@gmail.com.

Norwest Men's Group

2nd Tuesday of each month
10.00am - 11:30am

Cafe McKells, Circa Retail, I Circa Boulevard, Bella Vista
New members welcome, please contact Barry on 0409 916 380 or Denis on 0411 550 864.

Free Tai Chi Classes

Mondays, Wednesdays, and Fridays

8.00am - 8:45am

Grassed area along Norwest Lake, behind Norwest Marketown / Carlile Swimming Norwest.

For more information, please phone Vimala on 0412 888 672.

Live Life Get Active Free Outdoor Fitness

Monday to Friday

12.00pm to 12.45pm during school terms

40 Solent Circuit, Norwest. Access is off Spurway Drive.

New members are welcome, please book on lifelifegetactive.com.

What's On

Easter Funday

When: Sunday 2nd April 2023, 2pm-4pm
Where: Norwest Quarter Community Garden

Join us for some family fun with face painters, jumping castle, children's entertainment, Easter egg hunt and more!

Tickets: \$5 adults, children are free. Scan QR code to purchase tickets. Bookings close on 29th March.



What's On

Hills Relay For Life

When: 20th - 21st May 2023

Where: Castle Hill Showground

Relay For Life is a Cancer Council event that raises funds for cancer research, prevention, and support. Participants celebrate survivors, support those going through cancer, honour lost loved ones, and raise money for the cause. Join thousands of Australians and help make strides towards a cancer-free future.



Summer Party

We celebrated the summer season at our Summer Party on Friday 27th February at the Mulpha Sales & Experience Centre. Catching up after Christmas over drinks and delicious nibbles, it was a great night out for all and brought a reminder of the value of togetherness and staying connected.



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- No Home Care Package Management Fees
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- Disability and NDIS Support

- Flexible Certified Carers
- Post Operative Care
- Hospital in The Home
- Personal and Companion Care
- Domestic, Shopping and Transport



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care.snw@rightathome.com.au
www.rightathome.com.au

news

FROM MULPHA

Norwest Quarter Stage I is making great progress with the completion of earthworks and the installation of the first tower crane. The development will consist of 184 apartments and 3500m² of retail space, providing a vibrant new community in the heart of Norwest. With the second tower crane set to be installed in early April, the construction team is looking forward to pouring the 4 levels of basements in the months ahead. This is an exciting project that will bring new opportunities for living and commerce to the area, and we can't wait to see it take shape.



Norwest Mentoring Program

When: 1st May – 31st October.

Applications close 31st March 2023.

Mulpha's highly successful Norwest Mentoring Program is back for its fifth year. If you are looking for career guidance, upskilling or growing your network, or wish to share your knowledge and experience with today's emerging leaders, then join our free program. **Scan the QR code to apply online.**

