



**norwest
community**

news

EDITION 29 SUMMER 2022 – 2023

Winter Party Highlights

It was a cool night for our Winter Party, held on 1st July, in lieu of the annual residents party and was a great success with 61 tickets sold. The theme for the night was Blue & White with many people coming along to enjoy delicious food and drinks plus lots of conversation and meeting new neighbours.

The best dressed prize went to Karen Lodden and there was also a lucky door prize. Both prizes were supplied by our loyalty partner Gelato Messina Norwest.

A big thank you to Mulpha for again sponsoring this event.



Happy New Year!

A new year is upon us and we trust you've had a restful holiday season. We wish you all well for the year ahead.

Norwest Community is here for you

We are committed to help foster a sense of belonging and community. Anyone who is living in the West Ward of The Hills Shire is welcome to become a member.

We aim to

- Organise a variety of events and social groups.
- Maintain the community feel at Norwest, Bella Vista Waters, The Lakes and beyond.
- Be a united voice to communicate with authorities and residents.

Members benefits include

- Discounts at select cafes and restaurants.
- Discounts at selected service providers.
- Exclusive invitations and member-only events.

To become a member visit **norwestcommunity.com.au**
Membership is only \$20.00 per year.

This newsletter is published by Norwest Community Association and sponsored by Mulpha. For enquiries, news to share or suggestions, contact president@norwestcommunity.com.au

Mulpha Sales & Experience Centre is located at 36 Solent Circuit, Norwest. 1300 090 388. norwestcity.com.au ©2022 Norwest Community Association



Norwest
feel alive

Live Life Get Active – Free Fitness Training

Come and discover how fitness can build friendships, improve both physical and mental health and general happiness.

When: Monday to Friday 12pm-12.45pm during school term.

Where: Outside Norwest Marketown, grassed area by the lake.

For information and to register go to norwestcity.com.au/norwestalive

Free Tai Chi Classes

Classes go for 45 for minutes. All welcome, no need to book.

When: Mondays, Wednesdays & Fridays during December, January and February at 8.00am. (Last day 21st Dec and starting again 4th January)

Where: Grassed area along Norwest Lake, behind Norwest Marketown. Online during bad weather.

Enquiries: Vimala on 0412 888 672

Friday Coffee Club

Meets monthly on the second Friday morning. Come along and enjoy a coffee with new friends.

When: Fridays 9th December & 10th February at 10.00am.

Where: Brew & Bite, Norwest Marketown.

Brew & Bite is a Loyalty Card Partner, offering members a 5% discount.

Norwest Men's Group

This group is a great way for men to connect and solve the problems of the world!

When: Tuesdays 6th December & 14th February at 10.00am.

Where: Café McKels, Shop 14, CircaRetail, 1 Circa Boulevard, Bella Vista.

Enquiries: Phone Barry on 0409 916 380 or Denis on 0411 550 864.

Vale Tuula Schaeffer

25 February 1961 – 21 July 2022

In July, we lost a shining light in our community and the driving force behind the Norwest Community Association. Tuula Schaeffer sadly passed away following a long term health battle. Tuula was appointed by Mulpha as the coordinator of the Norwest Community Association from its inception in 2012, and it was her warm and friendly nature and vibrant personality that saw the Association grow from strength to strength.



Tuula embodied community spirit with her generosity and natural ability to create opportunities for people to form friendships, through social events, coffee catch ups and various hobby groups.

A friend to all that knew her, she will be greatly missed by everyone at Mulpha and the Norwest community.

Vale Ian Hawthorn

16 August 1945 – 21 July 2022

Born in England on 16th August 1945, Ian passed away peacefully on 21st July 2022 after a rapid decline in his health due to a genetic condition that attacked his heart and lungs.

Ian attended Selwyn College in Cambridge where he completed his masters in Sociology & Economics. He served in the British Army in the Royal Tank Regiment prior to relocating to Australia where he served in the 1/15 Royal NSW Lancers before committing to his fulltime corporate career in HR management.

The Lancers Museum became his focus until the end where he was a great researcher, organiser and fundraiser. His greatest triumph was the fundraising and management



of the project to restore the WW@ MATILDA Tank ACE. This will stand as a symbol of Ian's endeavour for many years to come.

Ian joined the Community Association Committee along with his wife Sarah soon after they moved into the area in 2019. Ian was a valuable and enthusiastic member of the committee who gave his time generously getting involved in many sub-committees and always offering new ideas on how to improve and build community spirit.

Ian will be greatly missed by many.



**SWITCH TO BETTER QUALITY HOMECARE
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The Right Care, Right at Home™

Right at Home are leaders in quality homecare and support, delivering services that allow our clients to remain safe and independent in their own homes. Your Local Right at Home Sydney Norwest family is ready to look after yours when you can't.



Members Social Night & AGM

Our Annual General Meeting was incorporated into our Members Social night on Friday 14th October. Being a brief affair, our President John Collins commented on the sad passing of Tuula Schaefer and Ian Hawthorn who will both be sadly missed.

John also reported on the various functions that were able

to be held through the year, although it was rather limited due to COVID once again.

The current committee all agreed to continue for the 2023 year and are hopeful things will get back to normal during the upcoming year. Pictured are the committee members who were there on the night.



Group Fitness Training

Our IN2Life NIGHT OPS Group Training runs twice a week. Great way to lose weight and have fun with other local residents.

When: Mondays & Wednesdays 7.00-8.00pm.

Where: Norwest Lake, off Maitland Place.

Cost is \$17.50 per session.

Bookings: If you are interested please email Sarah at sarah@in2lifept.com.au or call mobile 0418 417 182.

Norwest Community Book Club

Ladies, if you enjoy reading, this is the club for you. To register or for more information, please contact group leader, Sue via suedow54@gmail.com.

Local News

Looking after wildlife

We all love the ducks, swans, fish and other wildlife in our lakes and green spaces. Thank you for not feeding them, for not fishing and for keeping our neighborhood clean!

Let's connect on social media!

Check out [facebook.com/norwestcommunity](https://www.facebook.com/norwestcommunity) and Instagram [@norwestcommunity](https://www.instagram.com/norwestcommunity).

Are you on our mailing list for email updates?

If not, please email us your contact details via president@norwestcommunity.com.au.

We thank Mulpha for their continuing support of our community and sponsorship of this newsletter.

- 24/7 On Call & 24/7 Care Service
- Supervised, Individual Care Plan
- Approved Home Care Packages Provider Levels 1-4
- No Home Care Package Admin Fees
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- Personal & Companion Care
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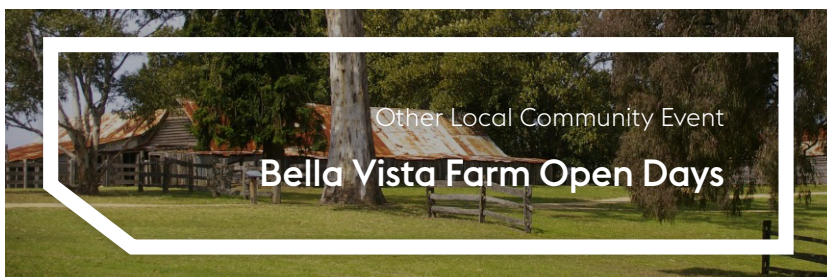
Norwest Quarter Community Garden

The Norwest Quarter Community Garden has reopened in its new location at the top of the hill at 40 Solent Circuit (entry off Spurway Drive).

The Garden Club meets on the third Friday of every month, so join us if you have a penchant for gardening.



Local Events



Other Local Community Event

Bella Vista Farm Open Days

Organised by Friends of the Farm and feature affordable Devonshire teas, live music, trash & treasure stalls and tours of the historic house for a \$2 donation.

Where: Bella Vista Farm.

When: 5th February, 5th March 2023



Other Local Community Event

Hawkesbury Harvest

The Hawkesbury Harvest Farmers & Fine Food Markets feature an abundance of fresh produce to tempt your taste buds.

Where: Castle Hill Showground.

When: Second and fourth Saturdays of the month from 8am to 12pm.

Who is Mulpha?

Mulpha, the parent developers of Norwest, is committed to long-term value creation with a focus on high-end property development and investment in the residential, commercial, retirement and hospitality sectors.

Flagship investments include Norwest Business Park, InterContinental Sydney, Sanctuary Cove on the Gold Coast and InterContinental Hayman Island in the Whitsundays. The Group is also an active investor in funds management, real estate debt, education, technology, car parking and childcare.



For more information please visit

Mulpha Sales & Experience Centre is located at 36 Solent Circuit, Norwest, and is open 7 days from 10 am to 4 pm.

Phone: 1300 090 388

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