## norwest community



## Lockdown Activity Competition



Have you been creative during lockdown? Have you discovered a new talent? How have you added a bit of fun to lockdown? We would love to hear from you and invite you to enter our Lockdown Activity Competition.

What: Submit a photo and a brief story on your creative or fun or different kind of activity. Please include your name, address, email, phone number and age. Entries will be judged on whether they are interesting, creative, innovative and/or amusing. For example,



we heard about a man who, not able to play golf during lockdown, practised golf in the nearby cemetery.

Age categories: Category A: Up to 17 years old, Category B: 18 years and over.

**Prize:** One winner in each category will win a \$IOO voucher with one of our Loyalty Partner restaurants. Yum!

**How to enter:** Email your entry to president@ norwestcommunity.com.au

**When:** Competition closes Friday Ist October, winners will be announced by I5th October.

### Welcome to Spring!

The warmer weather and spring flowers are bringing some cheer to our current lockdown conditions!

### **Members Update**

Warm welcome to all or new members and thank you to all who have renewed their memberships! Although we have not been able to meet during lockdown, we are looking forward to when we can.

To become a member or find out more about the benefits, go to norwestcommunity.com.au. You can take advantage of the members' discounts by simply showing your valid membership card.



TO ALL DADS, STEPDADS, GRANDDADS AND FATHER FIGURES

Happy Father's Day!

This newsletter is published by Norwest Community Association and sponsored by Mulpha. For enquiries, news to share or suggestions, contact president@norwestcommunity.com.au Norwest Sales Suite is located at 36 Solent Circuit, Norwest. ISOO 09O 388. norwestcity.com.au ©2021 Norwest Community Association



#### Let's Have Lunch!



Come and join us for lunch to meet people and have a local restaurant experience! When: Tuesday lóth November at

12pm.

**Venue:** Thai Waterfront, 5 Celebration Drive, Bella Vista. This event is subject to Covid restrictions. Please visit our website for information on bookings and parking closer to

### Live Life Get Active – Free Fitness Training

the date.

Come and discover how fitness can build friendships, improve both physical and mental health and general happiness.

When: Monday to Friday I2pm-I2.45pm.

Where: Outside Norwest Marketown, grassed area by the lake.

For information and to register go to norwestcity.com.au/ norwestalive.

**During lockdown:** Free live stream sessions. Go to livelifegetactive. com/blog/how-to-book-into-your-first-live-stream-session

### **Group Fitness Training**

Our IN2Life NIGHT OPS Group Training usually runs twice a week on Monday & Tuesday at Norwest Lake. During lockdown online live virtual sessions are available for anyone to join. Great way for people working from home to keep active.

#### When:

Monday, Wednesday & Friday 9.30-10.30am.

Tuesday 9.15-10.15am.

Tuesday & Thursday 5.15-6.15am.

Monday & Wednesday 7-8pm.

Cost is \$15 per session.

**Bookings:** If you are interested please email Sarah at sarah@in2lifept.com.au or call mobile O418 417 182.

# Eight-Year-Old Designs And Makes A Cardboard Pokémon Tretta Machine In Covid Lockdown

Several family groups in a unit complex decided to build a cardboard replica games and music arcade. This inspired one 8-year-old boy to design and build his own cardboard, replica Packemon Tretta Machine to go with the arcade. Over one morning he built his machine out of two cardboard boxes, cleverly including all features of the real thing.



The only real items are the plastic Tretta trading cards

which can be bought from games shops, and come as rewards for winning games played on the Tretta machines. His replica machine includes 2 powerful Pokémon pictures on top, copied from Pokémon scenes in real, electronic machines, a plastic spinner to choose the type of adventure you want to experience, imitation control buttons, Tretta card slots and a cardboard stick which can be pulled in and out to allow "winning" trading cards to be ejected.

At the bottom of the lower cardboard box, he even included a sloping base to help the cards to eject successfully. This masterpiece was designed and made by 8-year-old Master Warrior Zombie Killer Benjie Png, who currently lives in Singapore. He is the grandson of Ian & Sarah, who live in Haven.

Come on you Aussie kids. What have you done in our COVID lockdown that is creative, unusual or funny?

## What's Going on at Bella Vista Farm?

We have a little update for you from Friends of Bella Vista Farm:

While Open Days at Bella Vista Farm have been suspended until further notice and many of our volunteers are living in lockdown in LGA's outside the Hills, the Friends of Bella Vista Farm have continued to be active. A daily group email exchange of photos, history snippets and stories has kept our members connected and interacting while work at the Farm has been carried on by a small number of our members who are able to do so under the

current restrictions.

That is important because our sheep need to be checked and fed daily and their feed purchased and stored away from our hungry rats.



Shearing our flock is also needed each year, usually in September/October, but brought forward this year just ahead of the most recent "stay at home" restrictions.



The Farm's extensive

gardens, a labour of love over years by our gardening volunteers, including some very old fruit trees also need nurturing on a regular basis. The rewards include providing the ingredients for home-made orange marmalade! So, life at the Farm continues, albeit with much unavoidable disruption.

## Introducing our Loyalty Partner Restaurants

Members of Norwest Community Association are entitled to a range of discounts with local businesses, including restaurants and cafes.

We cannot wait to be able to visit our local restaurants. In the meanwhile, thank you to all who support our local cafes and restaurants by taking advantage of take away meals.



Italian Street Kitchen on Solent Circuit offers IO% off for dining in for up to two people. If part of a group, you need to order separately at the counter. Open daily for lunch and dinner.



Jazzveh Woodfired Pizza at 5 Celebration Drive offers IO% discount for dining in, food only, for up to 8 people. Open for breakfast & lunch Monday to Friday and dinner Monday to Saturday.



Ribs & Burgers on Solent circuit offers IO% off for dining in for up to two people. Open daily for lunch and dinner.



Thai Waterfront at 5 Celebration Drive offers IO% off during weeknights, dining in only, up to \$50. Open for lunch Tuesday to Friday and dinner Tuesday to Saturday.



The Coffee Club on Brookhollow Avenue offers IO% discount after 5 pm on food only. Open daily for breakfast, lunch and dinner.



Zac's Great Food Restaurant at 5 Celebration Drive offers IO% discount on main menu. Open daily for breakfast, lunch and dinner except closed on Monday evening and open on Sunday from II.3Oam.

In addition to the above restaurants, our Partner restaurants & cafes also include Nexus Café at 4 Columbia Court, Sushi Culture at FIII/24-32 Lexington Drive, Pizza Hut at 27 Victoria Avenue and Subway at Circa Retail.

#### Free Tai Chi Classes

Free online sessions are available for you to join.

**When:** Mondays, Wednesdays & Fridays at 8.30 am.

**Enquiries & how to join:** Please call Vimala on O412 888 672.

### Friday Coffee Club

Meets monthly on the second Friday morning at IOam. Come along & enjoy a coffee with new friends. We will get together as soon as restrictions allow!

**Venue:** Whole, 2 Natura Rise (corner of Solent Circuit) Norwest.

### Norwest Men's Group

This group is a great way for men to connect and solve the problems of the world!

**Dates:** When able to, they meet on the second Tuesday of the month at IO.OOam.

#### Time: IO.OOam.

**Venue:** Café McKels, Shop I4, CircaRetail, I Circa Boulevard, Bella Vista.

**Enquiries:** Phone Barry on O4O9 916 38O or

Denis on O4II 55O 864.

## Do you have items that need a new home?

Do you have unwanted, quality furniture, bedding or kitchen items that are in good condition? Providential Assist are happy to collect your items and pass them on to homes that need them most, free of charge. Please call I3OO 364 7OI.

## Let's connect on social media!

#### Check out facebook.com/ norwestcommunity and Instagram @norwestcommunity.

Are you on our mailing list for email updates? If not, please email us your contact details via president@norwestcommunity .com.au or tuula@ highendeavours.com.au.

We thank Mulpha Norwest for their continuing support of our community and sponsorship of this newsletter.

### Mulpha lodges DA for first stage of worldleading mixed-use sustainable precinct

Norwest developer Mulpha has lodged its development application (DA) for the first stage of its approved \$Ibillion masterplanned community, Norwest Quarter, a development set to lead and shape the national conversation on sustainable neighbourhoods, and the keystone of Mulpha's vision to transform Norwest into a vibrant lifestyle and economic town centre.

Located within 400 metres of the new Norwest Metro Station at 40 Solent Circuit, Norwest in Sydney's Hills District, the first stage of Norwest Quarter will include two residential apartment buildings, with a total of 196 apartments, and more than 3,500sqm of specially curated retail and commercial space including a full-floor commercial gym, fresh food grocer, medical services, and restaurants.

The slender residential towers with their small building footprints will allow for 70 percent of the site to be used for landscaping and amenity, setting a new benchmark in integrated urban design and community making. Gently sloping landscaped grounds with scattered shade trees will lead up the stairs at the entry of Norwest Quarter to an open-air plaza with retail and outdoor dining, a nature based, informal play area, an amphitheater for community

events, and other landscaped areas.

Leading architects Bates Smart and Smart Design Studio, together with award winning landscaping firm Aspect Studios, urban designers Terroir, and environmental sustainability firm Finding Infinity, have been appointed to work together to design and deliver an innovative, environmentally led development, rich in design, with a unique nature-driven biophilic ethos encapsulating the built form and vibrant public realms.

### Covid has made people value their community and relationships, says Norwest Community Association

While the past year has had a sense of uncertainty for the Association, it has made people reprioritise their relationships and value their local community, according to John Collins, President of the Norwest Community Association.

"The past year has influenced many people to reflect on the value of their local community and relationships. While we have missed not being able to hold any major events this past year due to restrictions on numbers, a big positive from this experience is that it has given residents a greater appreciation of their homes, their local environment and their community.

"As The Norwest Community Association is owned by the



community, we'd like as many new members as possible to join and get involved. We encourage our community to contribute their ideas on how we can continue to grow and enrich our great community spirit."

The primary role of the Association is to foster a strong sense of belonging and community in Norwest, organise a variety of events and social groups where you can meet people and build friendships, be a united voice for the community when dealing with authorities and residents, and support local businesses.

Membership is open to anyone living or working in the West Ward of Hills Shire. Gold membership of \$20 per year entitles you to an amazing array of rewards and discounts at local businesses. Visit norwestcommunity.com.au and facebook/norwestcommunity for more information.

# Who is Mulpha Norwest?

The Mulpha Group, developers of Norwest, is committed to long-term value creation with a focus on highend property development and investment in the residential, commercial, retirement and hospitality sectors. Flagship investments include Norwest Business Park, InterContinental Sydney, Sanctuary Cove on the Gold Coast and InterContinental Hayman Island in the Whitsundays. The Group is also an active investor in funds management, real estate debt, education, technology, car parking and childcare.

Norwest Sales Suite is located at 36 Solent Circuit, Norwest, and is open 7 days from IO am to 4 pm.

Phone: 1300 090 388.

This newsletter is published by Norwest Community Assocation and sponsored by Mulpha. For enquiries, news to share or suggestions please contact president@ norwestcommunity.com.au